

the **LEADER VITALITY** *wheel*

It takes a healthy leader to lead a healthy church. How are you really doing? This simple framework will give you a visual perspective on your personal vitality as a leader today. To take it a step further, invite your spouse's perspective. The more honest assessment you have, the better you will be able to prioritize change in the areas that need the most attention.

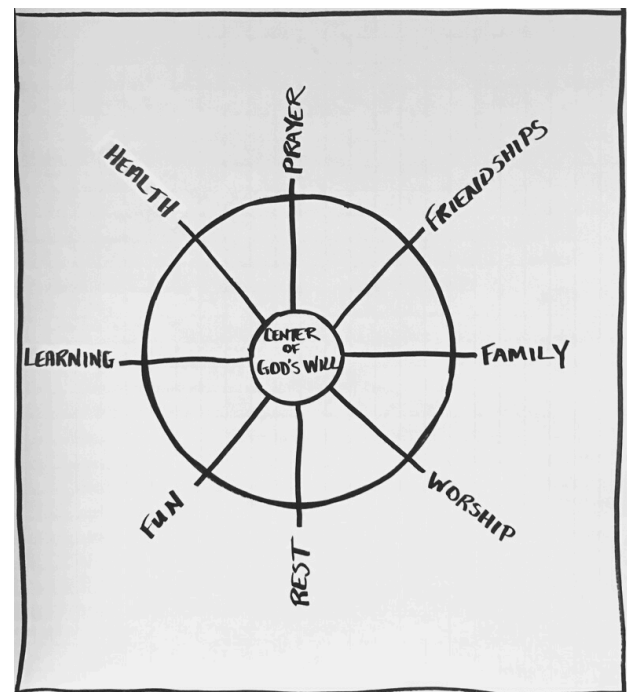
STEP 1

Print or draw this framework.

STEP 2

Take some time to thoughtfully evaluate where you are today in each essential area of a leader's personal vitality, noting whether you feel you are closer or further away from God's desire for your health in that area.

Plot your current status along the corresponding line for each area on the wheel.

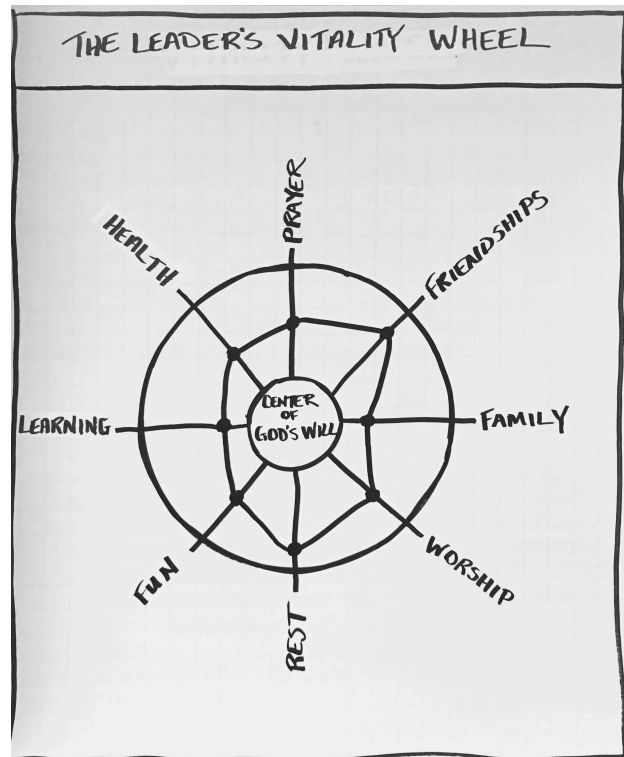


STEP 3

After you plot all eight points, connect the dots. The resulting shape is the expression of the wheel that your personal vitality is running on.

Ask yourself, “How can I move each area closer to the center of God’s will?”

The answer should be simple. Look at each piece through the lens of Scripture. What does God say about it?



Sample Completed Wheel

The shape your dots create will give you an indication of the areas that need the most attention for you to grow in health and capacity as a leader. But more important than the shape is the distance from the center. Perfect “balance” is not necessarily the goal—it’s not usually even realistic.

The real danger is when the majority of these areas are plotted far from what Scripture says about God’s will for you as a leader. When that happens, the shape is nice and circular, but tragedy isn’t far away. This can be especially true when churches are experiencing “success.” When momentum is high, it’s easy to forget the things that are vital to our relationship with God. Many leaders are gifted enough to make Sunday happen for a long time, even while living outside of God’s will. The end result is often a bad decision or some sort of public failure.

Don't neglect your personal vitality! Because leader health is not static, we encourage you to reassess regularly (about every six months).