

The Emotional Side of Growth - Episode 375

Predictable Challenges of Leading a Growing Church (Part 2)

Continued growth can feel like an engine.

As a leader, you're seeing results. You're running on the high of seeing the fruits of all the effort, intention and faithfulness. You and the team have been on mission, and you've sensed God's blessing and hand on the ministry.

And then it all starts taking a toll, and if you're not careful, things can go sideways.

In part two of our series "Predictable Challenges of a Growing Church," Sean and Amy talk about the *emotional side of growth*.

Key Quotes

1. AMY: "Fast growth can lead to staff burnout if we don't pay attention to the health of our team."
2. SEAN: "As growth happens, things inevitably change, and there's a sense of loss, of mourning when things change and become different."
3. AMY: "The change cycle is similar to a grief cycle. Again, keep in mind that even positive change creates those feelings of anxiety, fear and loss."
4. SEAN: "When we can tell those stories about real people who are being impacted because this momentum in our church has helped us to reach new people we weren't reaching before, that can really help us as we begin to get on the other side of grieving for what once was."

Self-Assessment: How Are We Doing?

1. How are we allowing our team to acknowledge the grief that comes from change?
2. How regularly are we thanking our team for the sacrifices they are making as we grow and shift people and responsibilities?
3. When can we check in with our staff to see if they are bored, stressed or in "the flow"?
4. If we have not used a quantitative tool within the last year to measure the health and performance of our team, when can we do that and what tool will we use?

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